

### **Understanding your professional self will release your full potential in the workplace.**

Today, more than ever, people-centric strategies are key to organisational success. Educating employees about their 'professional self' and how that affects the workplace is an impactful solution.

Our bigger picture is to improve effective leadership, workplace resilience, and demonstrate how professional values affect the success of an organisation. We tailor workshops that focus on your operational requirements.

**We all have obstacles, professional and personal.  
How you deal with them is what sets you apart.**

### **THE WORKSHOP**

We offer half and full day professional workshops that are evidence-based and values-driven. The workshop structure is established by aligning with your organisation's strategy and values. This includes speaker recommendations and optional follow-up strategies.

The key to the workshop success and our point of difference is that every session opens with a live interview with your CEO. Facilitated by our vastly experienced practitioner, this is an opportunity to reconnect with your staff and provide them with actionable strategies that contribute to a positive work environment.

### **SPEAKERS**

#### **Half Day**



**Sian Jaquet** is one of the most influential minds in the corporate space. She unlocks personal and business potential and in doing so, advocates positive change and growth.

#### **Full Day in collaboration with Dr. Ferguson**

Sian collaborates with a variety of experts that provide a unique offering based on professional experience and science.



**Dr. Sarah Ferguson** translates behavioural economics and neuroscience to everyday actions. How does your brain function in the workplace? What is stress and what does your brain need when under fire?

### **BOOK NOW**

Please contact our team for current availability. Spaces are limited.

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