

THE PROFESSIONAL SELF WORKSHOP

People-centric strategies are key to organisational success. Engaged employees are better connected, have increased focus, and are more effective at work.

This workshop offers a unique opportunity to gain insight from two established speakers. Through their collaboration, we bring together the latest science-backed methods to help you thrive professionally and personally.

Your tailored workshop begins with a live in-person interview with your CEO to set the tone and culture of your organisation. Learn actionable strategies for Improving effective communication, workplace resilience and aligning mindsets

Release your full potential in the workplace.

Speakers



Sian Jaquet unlocks personal and business potential and in doing so, advocates positive change and growth. She brings a refreshing blend of pragmatism and humour to every arena.
sianjaquet.com



Dr. Sarah Ferguson addresses resilience and mental health concerning peak performance. She presents international mindset research that benefits both business and the individual.
breatherepeat.co.nz

What people are saying

"Great session which opened me up to understanding how my values influence me and how I work in a group." - Senior Leadership, TEG

"I was actively engaged and it was a great chance to find out more about my CEO, teammates on how they operate and what makes them tick." - Senior Leadership, TEG

BOOK NOW

Please contact Annie for availability.
Spaces are limited.

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